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| **RESULTATER** |
| C:\Programmer\mars\AKH Ministævne April 2011\c.gif |
| **AKH Ministævne** |
| April 2011 |
| den 27.apr 2011 på Holstebro Idrætspark |
| C:\Programmer\mars\AKH Ministævne April 2011\c.gif |
| Arrangør: AK Holstebro |

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| **PIGER 12-13 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( 1 METER ZONEAFSÆT ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 |   | 3.60 |   | Sarah Winther Jensen -99 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Sarah Winther Jensen | **3.60** |   | 3.53 |   | 3.40 |   |  |

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| **PIGER 14-15 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( PLANKE ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 | PR | 3.92 |   | Katrine Glassau Larsen -97 | AK Holstebro |   |   |
| 2 |   | 3.53 |   | Laura Thy Wadsbach -97 | AK Holstebro |   |   |
| 3 | PR | 3.20 |   | Eva Agerbo Rindom -97 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Katrine Glassau Larsen | 3.75 |   | 3.74 |   | **3.92** |   |  |
| Laura Thy Wadsbach | 3.22 |   | 3.35 |   | **3.53** |   |  |
| Eva Agerbo Rindom | **3.20** |   | 3.10 |   | **3.20** |   |  |

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| **PIGER 16-17 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( PLANKE ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 |   | 4.44 |   | Ida Hillebert Bay -95 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Ida Hillebert Bay | 4.20 |   | **4.44** |   | 4.29 |   |  |

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| **DRENGE 10-11 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( 1 METER ZONEAFSÆT ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 | PR | 3.32 |   | Jakob Dahlsgaard Nielsen | AK Holstebro |   |   |
| 2 |   | 2.40 |   | Jeppe Nielsen | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Jakob Dahlsgaard Nielsen | 2.38 |   | 3.30 |   | **3.32** |   |  |
| Jeppe Nielsen | x |   | **2.40** |   | 2.25 |   |  |

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| **DRENGE 12-13 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( 1 METER ZONEAFSÆT ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 | PR | 3.78 |   | Bjarne de Graaf -98 | AK Holstebro |   |   |
| 2 | PR | 3.76 |   | Anton Pallisgaard-Olesen -99 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Bjarne de Graaf | 3.71 |   | **3.78** |   | 3.52 |   |  |
| Anton Pallisgaard-Olesen | 3.68 |   | 3.63 |   | **3.76** |   |  |

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| **DRENGE 14-15 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( PLANKE ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 |   | 3.88 |   | Magnus Grue Johansen -97 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Magnus Grue Johansen | **3.88** |   | 3.62 |   | 3.30 |   |  |

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| **DRENGE 16-17 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( PLANKE ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 | PR | 4.82 |   | Søren Skov Hansen -96 | AK Holstebro |   |   |
| 2 |   | 4.60 |   | Malthe von Tangen Siverts -95 | AK Holstebro |   |   |
| 3 | PR | 4.19 |   | Rune Houmøller Lauridsen -95 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Søren Skov Hansen | **4.82** |   | 4.59 |   | 4.80 |   |  |
| Malthe von Tangen Siverts | 4.51 |   | **4.60** |   | 4.34 |   |  |
| Rune Houmøller Lauridsen | **4.19** |   | 3.96 |   | x |   |  |

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| **DRENGE 18-19 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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|   ( PLANKE ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 |   | 5.88 |   | Mathias Dahl Kjær -92 | AK Holstebro |   |   |

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|   | 1.runde | 2.runde | 3.runde |   |
| Mathias Dahl Kjær | 5.77 |   | x |   | **5.88** |   |  |

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| **PIGER 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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|   ( 400 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 | PR | 15.86 |   | Sarah Winther Jensen -99 | AK Holstebro | 361p |   |

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|   | 1.runde |   |
| Sarah Winther Jensen | **15.86** |  |

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| **PIGER 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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|   ( 600 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 17.63 |   | Laura Thy Wadsbach -97 | AK Holstebro | 333p |   |
| 2 |   | 15.57 |   | Katrine Glassau Larsen -97 | AK Holstebro | 266p |   |
| 3 |   | 6.12 |   | Eva Agerbo Rindom -97 | AK Holstebro |   |   |

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|   | 1.runde |   |
| Laura Thy Wadsbach | **17.63** |  |
| Katrine Glassau Larsen | **15.57** |  |
| Eva Agerbo Rindom | **6.12** |  |

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| **PIGER 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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|   ( 600 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 14.11 |   | Ida Hillebert Bay -95 | AK Holstebro | 187p |   |

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|   | 1.runde |   |
| Ida Hillebert Bay | **14.11** |  |

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| **DRENGE 10-11 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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|   ( 400 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 | PR | 9.92 |   | Jakob Dahlsgaard Nielsen | AK Holstebro |   |   |
| 2 |   | 6.26 |   | Jeppe Nielsen | AK Holstebro |   |   |

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|   | 1.runde |   |
| Jakob Dahlsgaard Nielsen | **9.92** |  |
| Jeppe Nielsen | **6.26** |  |

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| **DRENGE 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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|   ( 400 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 16.27 |   | Bjarne de Graaf -98 | AK Holstebro | 348p |   |
| 2 |   | 11.42 |   | Anton Pallisgaard-Olesen -99 | AK Holstebro | 190p |   |

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|   | 1.runde |   |
| Bjarne de Graaf | **16.27** |  |
| Anton Pallisgaard-Olesen | **11.42** |  |

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| **DRENGE 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
|   ( 600 GRAM ) |

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| --- | --- | --- | --- | --- | --- | --- |
| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 16.69 |   | Magnus Grue Johansen -97 | AK Holstebro | 95p |   |

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|   | 1.runde |   |
| Magnus Grue Johansen | **16.69** |  |

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| **DRENGE 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

|  |
| --- |
|   ( 700 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 29.50 |   | Rune Houmøller Lauridsen -95 | AK Holstebro | 433p |   |
| 2 |   | 27.87 |   | Søren Skov Hansen -96 | AK Holstebro | 396p |   |
| 3 |   | 25.29 |   | Malthe von Tangen Siverts -95 | AK Holstebro | 335p |   |

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|   | 1.runde |   |
| Rune Houmøller Lauridsen | **29.50** |  |
| Søren Skov Hansen | **27.87** |  |
| Malthe von Tangen Siverts | **25.29** |  |

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| **DRENGE 18-19 ÅR - SPYDKAST** | **ONS KL. 18.00** |

|  |
| --- |
|   ( 800 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* | *Points* |  |
| 1 |   | 34.80 |   | Mathias Dahl Kjær -92 | AK Holstebro | 549p |   |

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|   | 1.runde |   |
| Mathias Dahl Kjær | **34.80** |  |

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| **MÆND 50-54 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
|   ( 700 GRAM ) |

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| *Nr* | *Resultat* |   | *Navn* | *Klub* |   |   |
| 1 |   | 30.18 |   | Thomas Johansen -58 | AK Holstebro |   |   |
| 2 |   | 18.30 |   | Jesper Olesen -61 | AK Holstebro |   |   |

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|   | 1.runde |   |
| Thomas Johansen | **30.18** |  |
| Jesper Olesen | **18.30** |  |

Genereret af MARS version 2.0.0.320 søndag den 1. maj 2011 klokken 20:53