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| **RESULTATER** |
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| **AKH Ministævne** |
| April 2011 |
| den 27.apr 2011 på Holstebro Idrætspark |
|  |
| Arrangør: AK Holstebro |

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| **PIGER 12-13 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( 1 METER ZONEAFSÆT ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 3.60 |  | Sarah Winther Jensen -99 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Sarah Winther Jensen | **3.60** |  | 3.53 |  | 3.40 |  |  |

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| **PIGER 14-15 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( PLANKE ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 | PR | 3.92 |  | Katrine Glassau Larsen -97 | AK Holstebro |  |  |
| 2 |  | 3.53 |  | Laura Thy Wadsbach -97 | AK Holstebro |  |  |
| 3 | PR | 3.20 |  | Eva Agerbo Rindom -97 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Katrine Glassau Larsen | 3.75 |  | 3.74 |  | **3.92** |  |  |
| Laura Thy Wadsbach | 3.22 |  | 3.35 |  | **3.53** |  |  |
| Eva Agerbo Rindom | **3.20** |  | 3.10 |  | **3.20** |  |  |

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| **PIGER 16-17 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 4.44 |  | Ida Hillebert Bay -95 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Ida Hillebert Bay | 4.20 |  | **4.44** |  | 4.29 |  |  |

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| **DRENGE 10-11 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( 1 METER ZONEAFSÆT ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 | PR | 3.32 |  | Jakob Dahlsgaard Nielsen | AK Holstebro |  |  |
| 2 |  | 2.40 |  | Jeppe Nielsen | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Jakob Dahlsgaard Nielsen | 2.38 |  | 3.30 |  | **3.32** |  |  |
| Jeppe Nielsen | x |  | **2.40** |  | 2.25 |  |  |

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| **DRENGE 12-13 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( 1 METER ZONEAFSÆT ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 | PR | 3.78 |  | Bjarne de Graaf -98 | AK Holstebro |  |  |
| 2 | PR | 3.76 |  | Anton Pallisgaard-Olesen -99 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Bjarne de Graaf | 3.71 |  | **3.78** |  | 3.52 |  |  |
| Anton Pallisgaard-Olesen | 3.68 |  | 3.63 |  | **3.76** |  |  |

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| **DRENGE 14-15 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( PLANKE ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 3.88 |  | Magnus Grue Johansen -97 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Magnus Grue Johansen | **3.88** |  | 3.62 |  | 3.30 |  |  |

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| **DRENGE 16-17 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( PLANKE ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 | PR | 4.82 |  | Søren Skov Hansen -96 | AK Holstebro |  |  |
| 2 |  | 4.60 |  | Malthe von Tangen Siverts -95 | AK Holstebro |  |  |
| 3 | PR | 4.19 |  | Rune Houmøller Lauridsen -95 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Søren Skov Hansen | **4.82** |  | 4.59 |  | 4.80 |  |  |
| Malthe von Tangen Siverts | 4.51 |  | **4.60** |  | 4.34 |  |  |
| Rune Houmøller Lauridsen | **4.19** |  | 3.96 |  | x |  |  |

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| **DRENGE 18-19 ÅR - LÆNGDESPRING** | **ONS KL. 17.30** |

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| ( PLANKE ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 5.88 |  | Mathias Dahl Kjær -92 | AK Holstebro |  |  |

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|  | 1.runde | | 2.runde | | 3.runde | |  |
| Mathias Dahl Kjær | 5.77 |  | x |  | **5.88** |  |  |

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| **PIGER 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 | PR | 15.86 |  | Sarah Winther Jensen -99 | AK Holstebro | 361p |  |

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|  | 1.runde |  |
| Sarah Winther Jensen | **15.86** |  |

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| **PIGER 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 17.63 |  | Laura Thy Wadsbach -97 | AK Holstebro | 333p |  |
| 2 |  | 15.57 |  | Katrine Glassau Larsen -97 | AK Holstebro | 266p |  |
| 3 |  | 6.12 |  | Eva Agerbo Rindom -97 | AK Holstebro |  |  |

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|  | 1.runde |  |
| Laura Thy Wadsbach | **17.63** |  |
| Katrine Glassau Larsen | **15.57** |  |
| Eva Agerbo Rindom | **6.12** |  |

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| **PIGER 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 14.11 |  | Ida Hillebert Bay -95 | AK Holstebro | 187p |  |

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|  | 1.runde |  |
| Ida Hillebert Bay | **14.11** |  |

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| **DRENGE 10-11 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 | PR | 9.92 |  | Jakob Dahlsgaard Nielsen | AK Holstebro |  |  |
| 2 |  | 6.26 |  | Jeppe Nielsen | AK Holstebro |  |  |

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|  | 1.runde |  |
| Jakob Dahlsgaard Nielsen | **9.92** |  |
| Jeppe Nielsen | **6.26** |  |

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| **DRENGE 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 16.27 |  | Bjarne de Graaf -98 | AK Holstebro | 348p |  |
| 2 |  | 11.42 |  | Anton Pallisgaard-Olesen -99 | AK Holstebro | 190p |  |

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|  | 1.runde |  |
| Bjarne de Graaf | **16.27** |  |
| Anton Pallisgaard-Olesen | **11.42** |  |

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| **DRENGE 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 16.69 |  | Magnus Grue Johansen -97 | AK Holstebro | 95p |  |

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|  | 1.runde |  |
| Magnus Grue Johansen | **16.69** |  |

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| **DRENGE 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 700 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 29.50 |  | Rune Houmøller Lauridsen -95 | AK Holstebro | 433p |  |
| 2 |  | 27.87 |  | Søren Skov Hansen -96 | AK Holstebro | 396p |  |
| 3 |  | 25.29 |  | Malthe von Tangen Siverts -95 | AK Holstebro | 335p |  |

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|  | 1.runde |  |
| Rune Houmøller Lauridsen | **29.50** |  |
| Søren Skov Hansen | **27.87** |  |
| Malthe von Tangen Siverts | **25.29** |  |

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| **DRENGE 18-19 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 800 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 34.80 |  | Mathias Dahl Kjær -92 | AK Holstebro | 549p |  |

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|  | 1.runde |  |
| Mathias Dahl Kjær | **34.80** |  |

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| **MÆND 50-54 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 700 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 30.18 |  | Thomas Johansen -58 | AK Holstebro |  |  |
| 2 |  | 18.30 |  | Jesper Olesen -61 | AK Holstebro |  |  |

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|  | 1.runde |  |
| Thomas Johansen | **30.18** |  |
| Jesper Olesen | **18.30** |  |

Genereret af MARS version 2.0.0.320 søndag den 1. maj 2011 klokken 20:53