Ministævne d. 10 august 2011.

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| --- | --- | --- | --- | --- |
|  | Sprint | Tid/s | Kast | Distance/m |
| Rune | 100 m | 13,81 | Spyd 700 g | 41,03 |
| Ida | 100 m | 13,66 | Spyd 600 g | 16,03 |
| Magnus | 100 m | 14,72 | Spyd 600 g | 18,98 |
| Sarah | 80 m | 12,12 | Spyd  | 15,94 |
| Laura | 100 m | 15,50 | Spyd  | 18,25 |
| Katrine | 100 m | 14,90 | Spyd  | 18,10 |
| Eva | 100 m | 17,19 | Spyd  | 5,53 |
| Bjarne | 80 m | 12,50 | Spyd  | 17,47 |
| Ida Marie | 60 m | 11,31 | Bold 145 g | 10,35 |
| Anne Line | 40 m | 9,50 | Bold 145 g | 6,08 |
| Line | 60 m | 10,43 | Bold 145 g | 13,82 |