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| **RESULTATER** |
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|  |
| den 12.okt 2011 på Holstebro Idrætspark |
|  |
| Arrangør: AK Holstebro |

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| **PIGER 10-11 ÅR - 400 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 1.25.4 |  | Line Bjørn Larsen -1 | AK Holstebro | 531p |  |
| 2 |  | 1.26.2 |  | Ida Marie Borg -1 | AK Holstebro | 510p |  |

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| **PIGER 10-11 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 11.40 |  | Line Bjørn Larsen -1 | AK Holstebro |  |  |
| 2 |  | 8.17 |  | Ida Marie Borg -1 | AK Holstebro |  |  |

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|  | 1.runde |  |
| Line Bjørn Larsen | **11.40** |  |
| Ida Marie Borg | **8.17** |  |

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| **PIGER 12-13 ÅR - 400 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 1.09.8 |  | Sarah Winther Jensen -99 | AK Holstebro |  |  |

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| **PIGER 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 13.96 |  | Sarah Winther Jensen -99 | AK Holstebro | 291p |  |

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|  | 1.runde |  |
| Sarah Winther Jensen | **13.96** |  |

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| **PIGER 14-15 ÅR - 400 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 1.12.3 |  | Laura Thy Wadsbach -97 | AK Holstebro | 283p |  |

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| **PIGER 14-15 ÅR - 800 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 2.48.9 |  | Katrine Glassau Larsen -97 | AK Holstebro | 411p |  |

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| **PIGER 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 20.83 |  | Laura Thy Wadsbach -97 | AK Holstebro | 432p |  |
| 2 |  | 16.61 |  | Katrine Glassau Larsen -97 | AK Holstebro | 300p |  |

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|  | 1.runde |  |
| Laura Thy Wadsbach | **20.83** |  |
| Katrine Glassau Larsen | **16.61** |  |

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| **PIGER 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 16.08 |  | Ida Hillebert Bay -95 | AK Holstebro | 248p |  |

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|  | 1.runde |  |
| Ida Hillebert Bay | **16.08** |  |

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| **PIGER 18-19 ÅR - 400 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 1.13.6 |  | Stine Høvring Godsk -92 | AK Holstebro | 386p |  |

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| **PIGER 18-19 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 26.92 |  | Stine Høvring Godsk -92 | AK Holstebro | 553p |  |

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|  | 1.runde |  |
| Stine Høvring Godsk | **26.92** |  |

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| **DRENGE 12-13 ÅR - 800 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 2.49.2 |  | Bjarne de Graaf -98 | AK Holstebro |  |  |

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| **DRENGE 12-13 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 400 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 17.24 |  | Bjarne de Graaf -98 | AK Holstebro | 378p |  |

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|  | 1.runde |  |
| Bjarne de Graaf | **17.24** |  |

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| **DRENGE 14-15 ÅR - 400 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 1.05.9 |  | Theis Thybo -97 | AK Holstebro | 231p |  |

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| **DRENGE 14-15 ÅR - 800 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 2.20.2 |  | Magnus Grue Johansen -97 | AK Holstebro | 503p |  |

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| **DRENGE 14-15 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| ( 600 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 24.89 |  | Magnus Grue Johansen -97 | AK Holstebro | 278p |  |
| 2 |  | 22.03 |  | Theis Thybo -97 | AK Holstebro | 216p |  |

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|  | 1.runde |  |
| Magnus Grue Johansen | **24.89** |  |
| Theis Thybo | **22.03** |  |

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| **DRENGE 16-17 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 700 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 36.33 |  | Rune Houmøller Lauridsen -95 | AK Holstebro | 581p |  |

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|  | 1.runde |  |
| Rune Houmøller Lauridsen | **36.33** |  |

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| **MÆND 40-44 ÅR - 800 METER** | **ONS KL. 17.30** |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* |  |  |
| 1 |  | 2.36.1 |  | Benny Machon -67 | AK Holstebro |  |  |

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| **MÆND 40-44 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 800 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 32.49 |  | Benny Machon -67 | AK Holstebro | 374p |  |

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|  | 1.runde |  |
| Benny Machon | **32.49** |  |

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| **MÆND 50-54 ÅR - SPYDKAST** | **ONS KL. 18.00** |

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| --- |
| ( 700 GRAM ) |

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| *Nr* | | *Resultat* |  | *Navn* | *Klub* | *Points* |  |
| 1 |  | 33.22 |  | Thomas Johansen -58 | AK Holstebro | 453p |  |
| 2 |  | 27.02 |  | Karsten Larsen -58 | AK Holstebro | 344p |  |

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|  | 1.runde |  |
| Thomas Johansen | **33.22** |  |
| Karsten Larsen | **27.02** |  |

Genereret af MARS version 2.0.0.335 onsdag den 12. oktober 2011 klokken 22:59